



Horsforth Shed, a space to create, relax and make new friends.

 horsforthshed.co.uk

 @horsforthshed

Have you heard of the Horsforth Shed?

Well, we are a local community workshop, based in the grounds of St James Church, off Low Lane. Our charity aims to **reduce loneliness isolation** and **to promote social inclusion**.

Our workshop is well equipped, with a full range of **woodworking machinery** and hand tools but possibly more important is the light and airy **kitchen social area**. I think its fair to say whilst we love a new project, **people are our priority**. So there's always coffee in the pot and an opportunity to chat and make **new friends**.

We manage our workshop sessions with a strong **team of Shed Supervisors**. Many of our team are ex Design & Technology Teachers and three of our team have worked extensively with **children with Special Educational Needs**. Aside from myself the team are all volunteers. All of our Shed supervisors have been through the safer recruiting process and carry an Enhanced DBS to work with children & vulnerable adults.

We have only been open since October but we have already worked with **groups** and **individuals** ranging from 13-81 years of age.

Who can get involved with the Shed?

We welcome enquiries from:-

- **Other service providers** who also aim to **reduce loneliness** and **isolation** and to **promote social inclusion**.
- **Individuals** who are perhaps feeling **isolated** or struggling with their **mental health** and would like to learn some skills in a **supportive environment**.
- **Those with skills** in wood, metal, plastic and textiles who want to work with others and pass on their skills.
- **Companies** who would like to send their employees to corporate **team building days** run by Horsforth Shed.
- **Donors** interested in supporting the work of Horsforth shed.

If you would like more information or would like to arrange a visit or trial session at the Shed please email:

Rich Hamlin the Shed Manager
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